

Transformational Chairwork: Inner Conflict, Loss and Relationships with Dr Scott Kellogg

We are delighted to provide this one day workshop. Dr Scott Kellogg will demonstrate the use of Transformational Chairwork to address the common clinical issues of: (1) Resolving Inner Conflicts;

- (2) Healing from Loss and Grief; and
- (3) Coping with Difficult Relationships.

The Transformational Chairwork/Four Dialogues Training draws on the clinical wisdom and practices of a wide range of Gestalt and integrative psychotherapists. Using clinical storytelling, role-plays, and live demonstrations, participants will develop skills in using this technique and will be guided through chair dialogue structures and the core deepening techniques – both of which are essential components of successful Chairwork therapy. **Previous delegates gave 92% satisfaction rating and said: 'Excellent balance of content, rationale and practice', 'Far exceeded my expectations', 'Inspiring and enriching day',**

This workshop can be attended as a stand-alone day or in addition to the day on Transformational Chairwork: Emotions, trauma and the inner critic.



Dr. Kellogg is the author of Transformational Chairwork: Using Psychotherapeutic Dialogues in Clinical Practice (2014). He is a former Clinical Assistant Professor in the Department of Psychology at New York University and the Past-President of the Division on Addictions of the New York State Psychological Association. An International Society of Schema Therapy - Certified Schema Therapist, he has also earned the Practitioner's Certificate in Gestalt Therapy from Gestalt Associates for Psychotherapy and he is a certified Voice Dialogue practitioner. Dr. Kellogg currently runs a Chairwork-centered private practice in New York City; he has created the Transformational Chairwork Training Program and has taught this psychotherapeutic dialogue method to practitioners around the world.

This workshop is suitable for all health professionals including clinical and counselling psychologists, doctors, nurses, counsellors, social workers, general and mental health nurses, CBT practitioners, coaches, and people working in mental health settings.

5th June 2020, 9.30 am – 4.40 pm
Royal National Hotel,
38-51 Bedford Way
London
WC1H 0DG

Prices including lunch & refreshments
Until 5th May 2020 - £120 + VAT
From 6th May 2020 - £135 + VAT

For more information or to reserve a place visit:
www.stantonltd.co.uk or www.grayrock.co.uk

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